

HEALTH EXAMINATION AND SCREENING POLICY

PURPOSE

This policy is intended to ensure that students receive the requisite health screening interventions during the academic year. It is also aimed to promote a safe atmosphere for the students wherein they will feel secure, their needs respected and their privacy upheld.

AIMS

- To ensure all children at Safa British School have a Health Examination and screening.
- To ensure all children will be seen by a doctor during their time in Safa British School and have any necessary health needs addressed.
- To have height and weight measured yearly to monitor growth and development.

SCOPE

The policy applies mainly to medical staff (Doctor and Nurse) as well as the rest of the school staff.

MEDICAL EXAMINATION

In accordance with the Dubai Health Authority School Health Guidelines, medical examinations are provided for students as an annual routine health screening. A separate room is provided for the checkup to ensure that each child is checked privately.

The examination is a non-invasive yet thorough screening of each child. It involves the children's general build and appearance, integumentary system (skin); eyes, ears, nose and throat (EENT); respiratory system, cardiovascular system, musculoskeletal system, etc. Any significant findings or deviation from normal will be communicated to the parents through the Doctor's Note and will be dealt with confidentiality. The Homeroom teacher will also be informed as deemed necessary.

Only children with signed consent for medical examination will be seen by the doctor. This is indicated in the Medical and Consent Form which parents are asked to sign upon their child's first day in school.

School nurse will be in attendance for every examination as a familiar person to the children.

It is very important that parents must submit the updated Immunisation records and complete the Medical forms before the child attend the school.

POLICY

- Our school Doctor visits the school twice a week.
- These visits are an opportunity for him to address any health concerns raised by the school nurses, staff or parents. As well as this, a general health examination is performed by the doctor. This includes all aspects included in the Dubai Health Authority (DHA) School health record – school medical examination. Any new abnormalities found are reported to parents.
- This is performed on all school entry students, new students, grade 1 and grade 5 students. All parents are informed of the examination by email at least a few days before they are seen by the doctor. This gives them an opportunity to raise any concerns.
- During the examination the child's height and weight will also be take in order to obtain the child's Body Mass Index (BMI). This is then documented onto the appropriate World Health Organisation (WHO) BMI Z Scores chart (2007) as directed by the DHA. The child's BMI is the categorised into Normal, thinness, severe thinness, overweight or obese.

- Children will have their height and weight measured in every grade annually.
- Only if any health concerns found on examination are reported to parents either by a phone call or email. We also use the DHA Health Evaluation Questionnaire when appropriate. This is also in line with the National Agenda UAE Vision 2021 – Indicator – Prevalence of obesity amongst children.

This policy will be reviewed annually.

Implementation Date: September 2019

Review Date: September 2020

Reviewed by: _____

**May Ann Angeles, DHA-RN
Lead School Nurse**

Approved By: _____

**Zara Harrington
Principal**