

Secondary Extra Curricular Activities

Term 1 Schedule

2025 - 2026



Term 1 Schedule - 8 September to 28 November

VENUE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SPORTS HALL	NETBALL Y7-8	BASKETBALL Y9-10	BADMINTON Y7-9	BASKETBALL Y11-13
CORRIDOR		TABLE TENNIS Y7-13	TABLE TENNIS Y7-13	
AUDITORIUM		BADMINTON Y10-12		DUBAI CHEER ATHLETICS Y7-13
GYM		FIT FUTURE TRAINING ACADEMY GYM FITNESS Y7 - 13		GIRLS FITNESS Y7-13
STUDIO		DANCE Y10-13	BOXING Y7-13	
FOOTBALL PITCH 1	FOOTBALL Y10-11		FOOTBALL Y7-9	
COURT 1	BASKETBALL Y7-8			



External Providers/Paid Activity

Term 1 Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MFL INTERVENTION - Y10	DELF - Y7 TO Y11	YEAR 12 INTERVENTION	LAMDA ALL YEAR GROUPS
EMPOWER HER INVITE ONLY	STUDENT COUNCIL - ELECTED MEMBERS	SCHOOL PRODUCTION REHEARSAL YEAR 7 TO 10	TABLE-TOP GAMING CLUB ALL YEAR GROUPS
GEOGRAPHY INTERVENTION YEAR AND 11	READING CLUB - ALL YEAR GROUPS	ENGLISH INTERVENTION YEAR 11	MODEL UNITED NATIONS YEAR 12 TO 13
MATHS CLUB - Y7 TO Y10	DEBATE CLUB YEAR 7 TO 11	ARABIC A SUPPORT ALL YEAR GROUPS	BRAIN TRAINING/PUZZLES ALL YEAR GROUPS
GCSE SPANISH SPEAKING INTERVENTION YEAR 11	F1 IN SCHOOLS YEAR 7,8,9 AND YEAR 12 AND 13	ANALYSIS OF ARABIC POETRY ALL YEAR	ARABIC A SUPPORT YEAR 10 TO 12
FOOD TECH - YEAR 10 AND 11	CHOIR ALL YEAR GROUPS	A LEVEL BUSINESS INTERVENTION YEAR 12 AND 13	FOOD THEORY INTERVENTION YEAR 10 AND 11
PHYSICS GCSE INTERVENTION YEAR 10 AND 11	POP/ROCK BAND ALL YEAR GROUPS	IGCSE MATHS INTERVENTION YEAR 11	IGCSE ECONOMICS INTERVENTION YEARS 10 AND 11
PODCAST ALL YEAR GROUPS	ARABIC GAMES	CHEMISTRY INTERVENTION YEAR 11	CREATIVE WRITING/JOURNALLING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
CRAFT CLUB ALL YEAR GROUPS	THE READERS CUP YEAR 10 AND 11	DUKE OF EDINBURGH YEARS 9 TO 13	BRAIN TRAINING/PUZZLES
FANTASY FOOTBALL ELECTIVE ALL YEAR GROUPS	ISLAMIC STUDIES	MANDALA DRAWING ALL YEAR GROUPS	IGCSE DT COURSEWORK INTERVENTION YEAR 11
	MATHS ART YEAR 7 AND 8	DANCE YEAR 10 TO 12	WRITING SUPPORT CLUB YEAR 7, 8 AND 9
		FRENCH SPEAKING INTERVENTION YEAR AND 11	SKETCHBOOK SKILLS/ART INTERVENTION YEAR 7 TO 11
		MATHS SUPPORT YEAR 7 TO 11	
		LEGO ROBOTICS YEAR 7, 8 AND 9	
		ENGLISH LIT/LANGUAGE YEAR 11	
		ANALYSIS OF ARABIC POETRY YEAR 12 AND 13	

ECA	DESCRIPTION
DELF	Preparing students wishing to take the DELF examination
IGCSE Maths Intervention Year 11	Support students with revision and exam practice
Peer Mentors	A Peer to Peer community support that caters to social and emotional wellbeing. The Peer mentors offer support through Listening circles and Facilitating wellbeing sessions. Students are chosen by interviews conducted by existing peer mentors and are monitored by the school counselor
Student Council	A group of students elected by the student body as representatives their representatives in the larger school community. They work closely with the pastoral team to integrate student voice through the year
Food Theory Intervention	AN opportunity for food and nutrition students to revise/brush up on their food and nutrition theory and understanding
MFL Intervention	MFL intervention and speaking practice for Y10 GCSE Spanish students
GCSE Spanish Speaking Intervention	Lunchtime - an opportunity for Year 11 students to practice their speaking skills throughout the year. Students will sign up in pairs for a 10 minute slot with their teacher on one lunchtime per week
Empower Her	Female Empowerment Group - workshops, discussions, and mentorship the club encourages confidence, leadership, and self-expression - Invite Only
The Readers Cup	The Readers' Cup ECA is designed to stretch and challenge keen readers across all year groups through engaging literary tasks and team-based competitions. The sessions also serve as valuable preparation for future reading, spelling and debate competitions at school and regional levels

ECA	DESCRIPTION
IGCSE Economics Intervention	After-school IGCSE Economics Revision Club to reinforce key concepts and develop exam technique for resitting students
Year 12 Intervention	Improve curriculum knowledge and exam technique Available to new Year 12c students as well as Year 13 re-sits
Arabic A Support	Providing support for those who want to use Arabic in daily life
Chemistry Intervention	Chemistry revision for double and triple award
Analysis of Arabic Poetry	After School A Level Business Revision Club to reinforce key concepts and develop exam technique
Puzzles and Brain Training	Relaxed environment to play brain games e.g. wordle, connections, crosswords, sudoku, kenken, murder mystery puzzles etc.
Debate Club	Develop debating skills and prepare for competitions such as World Scholar's Cup
Lego Robotics	LUNCHTIME CLUB - LEGO Education SPIKE is a hands-on learning system for STEAM. It uses LEGO bricks, programmable hardware, and a coding app to engage in playful, creative problem-solving.
Fantasy Football Elective	Discuss fantasy football including transfers, joining and competing in leagues for krispy kreme and cinnabon as well as watching all the weekends football highlights

ECA	DESCRIPTION
Physics GCSE Intervention (Lunchtime)	Improve Curriculum knowledge and exam technique. Takes place Monday Lunchtime
Maths Club	Support students with homework and revision in Maths
Maths Support	Join us at lunchtime for extra support with maths. Get help with homework, revision, and exam preparation in a friendly and supportive space
Table Top Gaming Club	Introduction to D&D Schools - must commit weekly to start a campaign
Mandala Drawing	Mandala drawing is calming and encourages focus. Creating symmetrical patterns can be meditative
Reading Club	A chance for students to relax and read their own books at the end of the school day. Each session students will share what they have read, giving others the opportunity to hear about different genres and receive recommendations
Sketchbook skills / Art intervention	An opportunity for KS4 students to work on their Component 1 projects during Term 1 with teacher direction. Some Key Stage 3 students are welcome to join to delve into the world of GCSE art and see what our GCSE art students are up to. This is an opportunity for students to complete any unfinished art projects and feel inspired
Creative Writing/ Journalling	An opportunity to explore creative writing and journalling
Geography Intervention	Geography intervention - Revision for paper 1 re-sits mainly in T1 but will also cover other iGCSE content if required

ECA	DESCRIPTION
English Intervention	English Support for all students
English Lit/Language	Support for English Literature and Language
IGCSE Design & Technology Coursework Booster Intervention	Boost your input. Boost your grade
Duke of Edinburgh	Work towards your Bronze and Silver Duke of Edinburgh Award
French Speaking Intervention	LUNCHTIME - an opportunity for Y11 students to practice their speaking skills throughout the year. Students will sign up in pairs for a 10 minute slot with their teacher on one lunchtime per week
Choir	Develop vocal technique and learn to sing in harmony. Pop, musical theatre and classical mix. Everyone welcome!
Pop/Rock Band	LUNCHTIME CLUB - budding guitarist? rockstar drummer? or want to get on the mic? - bring your band or come solo to start your journey!
Geography Intervention	Geography intervention - Revision for paper 1 re-sits mainly in T1 but will also cover other iGCSE content if required
Writing Support Club	Practical sessions for writing short sentences and paragraphs with a focus on spelling and punctuation
Islamic Studies	Quran recitation Rules- Seerah - Prophet's stories

ECA	DESCRIPTION
Dance Club	Students take part in fun, rhythm-based sessions that combine fitness with traditional and modern dance mainly Zumba, Aerobics Dance, and Dabke, creating an enjoyable and social environment
Craft Club	Craft Club is a fun and relaxed space for students to explore their creativity through simple and enjoyable DIY projects. Each week, participants will get hands-on experience making a variety of crafts, such as paper flowers, friendship bracelets, greeting cards and upcycling everyday items
LAMDA	The LAMDA (London Academy of Music & Dramatic Art) ECA focuses on developing skills in public speaking, performance, and communication to work towards graded LAMDA examinations
Safa Podcast	Student lead initiative that aims at getting the news out there through the Safa PODCAST
Model United Nations	Planning and practice for sessions
School Production Rehearsal	Rehearsals for the school production
F1 in schools	STEAM and business focused international competition
Analysis of Arabic Poetry	Pre Islamic and modern poetry and it's analysis
Arabic Games	Competition between students using devices
Maths Art	Lunch Time Club - chance to do something different in Maths, instead of numbers, algebra etc. Make it a bit more fun.

TERM 1 ECA

SAFA BRITISH SCHOOL
(SECONDARY)

WHEN:

STARTS: 8TH SEPTEMBER 2025
(FREE TRIAL SESSION 4TH SEPT)
THURSDAYS: 3:15PM-4:15PM

WHERE:

AUDITORIUM

FIRST COMPETITION :
23RD NOVEMBER 2025

SCAN
ME!



0581120159

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External ECAs

*to book please contact the Provider directly



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SCAN TO
ENQUIRE

CREATING A "FITTER FUTURE" FOR THE NEXT GENERATION



At the Fit Future Training Academy, we specialise in teaching 8-18 year olds how to strength train safely and effectively with intelligent programming to build strength, resilience and confidence within a small group training enviroment

- ✓ Safe & age-appropriate strength training led by highly qualfied coaches
- ✓ Injury prevention through joint stability & mobility
- ✓ Improving focus, discipline and self belief
- ✓ Instilling lifelong healthy habits and knowledge around exercise and nutrition delivered through our 10 minute seminars within the session

ECA TIMINGS:
TUESDAY 2.15-3PM YEAR 5 & 6
TUESDAY 3.15-4PM SECONDARY SCHOOL
THURSDAY 2.15-3PM YEAR 5 & 6



**NOW
ENROLLING FOR
TERM 1**



**CREATING A "FITTER
FUTURE"
FOR THE NEXT GENERATION**

External ECAs

*to book please contact the Provider directly



SAFA
BRITISH
SCHOOL

PRESENT BY



ALLSPORTS ★★★★★

BOXING



GIVE YOURSELF CONFIDENCE

FROM YEARS 3-11

CLUB



SCAN FOR INFO & REGISTRATION

TUESDAY – PRIMARY 2:30PM – 3:15PM	WEDNESDAY – SECONDARY 3:15PM – 4:00PM
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BOXING FUNDAMENTALS, DISCIPLINE, FITNESS, SELF-DEFENSE

★★★★
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★★★★